Future Self letter

Write in the blanks. The small words under each line tell you what to reach for — cross out any line that does not fit.

Scan to write this letter online — free, no account.

Dear me, on _____,
the date this opens

Today is _____. I am _____, and my day looks like
the date *where*

_____.
describe it, unglamorously

The people in my life this month are _____.
list them by name

What I am most worried about is _____.
name it honestly

Something I currently believe that I suspect you no longer do: _____.
what

I am promising myself _____, by _____.
the promise *the date*

The question I want you to answer is _____.
the question

_____, aged _____
Your name *age*